



NEWS & VIEWS

April-June 2010

Society of Obstetricians and Gynaecologists Pakistan

PRESIDENT'S CORNER

Team takes over amid new hopes

Dear colleagues,

ON the 5th of June 2010 the new governing body of the Society of Obstetrics and Gynecology (SOGP) took oath of office for the 2010-13 term. It is another matter that there is no oath-taking actually!

Unfortunately, the outgoing President, Dr. Shershah Syed, could not make it due to personal preoccupations, while the representatives from Punjab were kept away by the threat of a hurricane that never came.

I am extremely grateful to those who organized the program and to those who attended. I am also very grateful to Dr. Nighat Shah, the current general secretary, (ex-treasurer) and the outgoing Secretary, Dr. Ayesha Nasir (who is now an executive member) as well as to Dr. Razia Korejo and Rukhsana who actually met me in Karachi in May this year and filled me in on some of the finer details.

There are two people I want to thank for playing an instrumental role in my being here today. Prof. Zakia Minhas, my mentor, my teacher, my friend; someone who continues to be an inspiration even now. I thank her for introducing me to the SOGP back in the early 1980s when she was the president. Then a decade later, Professor Shafiq became the president. I thank him for forcing me to become a life member. I recall asking him "so what's in it for me" and him saying "who knows

may be you become the president one day" ... and so here I am.

As a nation we are petrified of change, so at the outset I would like to assure all those involved in various collaborative efforts in the SOGP, that we will ensure continuity. We will develop our relations further with all stakeholders working towards improvement in all aspects of the health and development of women in Pakistan and I intend to be very active personally in this area.

Today, however, at the risk of becoming immediately unpopular, I would like to address certain core issues pertaining to the Society itself. I seriously think we need to get our house in order.

Karachi, as you know, is the home of the SOGP and so it should be since most of the members are from Karachi. The SOGP is the oldest professional body in the country and yet we continue to operate from a single room in a local hospital. I say this not to cast aspersions. We are very grateful to JPMC for keeping the Society intact and for housing it for so many years. We must make an earnest effort, however, to have an SOGP House in Karachi as envisaged by our founding members, complete with an auditorium, library and residential suite to house our outstation guests.

Any organization is as good as its members are. We intend to address the apathy and genuine grievances of our current members. Simultaneously we will

make a concerted effort to increase the numbers of our members. This will be a priority and as we meet we will find and develop strategies to develop our strength and make the SOGP a truly national representative body of obstetricians and gynecologists. The governing body cannot achieve anything without the full participation of the members. We have announced today the setting up of various committees to which I hope that you the members will volunteer so that you may have a stake in Society's functioning. For me every member counts.

Our specialty is suffering at both ends of the spectrum. We are still embroiled by the unacceptably high maternal mortality and morbidity, which is a national scandal but we are not doing much better at the other end of the spectrum either. Ours is the only major specialty that has not established its sub-specialties in a meaningful way. We must facilitate the training of our young specialists towards the sub-specialties by establishing links nationally and internationally with relevant organizations.

Apart from this, we will establish an academic faculty of the SOGP to work closely with members from the relevant organizations such as the faculty of OB/GYN at CPSP, the RCOG etc, to develop consensus guidelines for our post-graduates. This will reduce the

NEWS & VIEWS

COMMITTEE MEMBERSHIP

WOULD you like to get more involved with the SOGP work?

This is an opportunity to nominate yourself for membership of an SOGP committee and, if appointed, to support SOGP and influence our line of action. Your nomination will have more chance of success if you provide details of your experience and expertise that you think make you suitable for any one of the SOGP committees.

We would really welcome as many nominations as possible so that we can select on the basis of special expertise or ability connected to the work of that particular committee and to ensure that there is a good cross-section of regional representation as well. The committee can include lay representation (Honorary Members) and of course a representative of the trainees. The normal period of office for committee members is three years.

General Body members are also requested to submit nominations. All recommendations will be considered by the General Body.

The following committees are announced:

Investment, Fund-raising Committee

Publications Management Committee for reports and News&Views etc

Editorial Board, for the Journal of Obstetricians and Gynecologists of Pakistan

Sub-specialty Committee

Guidelines Committee

Stakeholders Coordination Committee

Rapid Response for Emergency Situations Committee

Please note that in order to be considered for a committee, members must be in active practice and up to date with annual subscription. — SOGP Secretary

SOGP SUBSCRIPTION

ARE you a member of the SOGP? Please read on and see if you can get more members on board.

SUBSCRIPTION: There are three types of membership available:

Honorary Members: Persons especially deemed suitable by the Governing Body for the conferment of Honorary Membership of the Society of Obstetricians and Gynecologists of Pakistan.

Life Members: All members except Honorary Members who pay a minimum of Rs.3,000 shall be Life Members.

Annual Members: All medical practitioners, with or without postgraduate degree or diploma, who are engaged in the practice of Obstetricians and Gynecologists and those engaged in teaching and research in the subject, within or outside Pakistan.

In addition, members are required to pay Rs500 annually as AOFOG, FIGO and SAFOG fee and Rs100 for the Membership Card (Membership Card is only for Life Members)

Total Fee of Annual Members: Rs850

Total Fee of Life Members: Rs3,600

For fresh membership or subscription arrears, the following payment method shall kindly be used:

Enclose a bank draft/pay order/cash for Rs----- as Membership fee/renewal of Membership fee/AOFOG, FIGO & SAFOG fee. On account payable to the "Society of Obstetricians & Gynecologists of Pakistan".

All further queries shall be forwarded to:

Mrs. Rukhsana Zaki (Secretary, SOGP Secretariat)

Cell No: 0333-2218245 OR

SOGP Secretariat: Dept of Obstetrics & Gynecology, Ward-8, Jinnah Postgraduate Medical Center, Karachi Pakistan. Phone No 99205040, Email: sogpjpmc@hotmail.com

NEWS & VIEWS

President

Prof. Lubna Hassan

Vice-Presidents

Prof. Shereen Z. Bhutta (Sindh)

Prof. Fareed Zafar (Punjab)

Dr Aisha Siddiq (Balochistan)

General Secretary

Dr. Nighat Shah

Joint Secretary

Prof. Muhammad Arshad Chohan

Treasurer

Dr. Haleema Yasmin

Executive Members

Prof. Yasmin Rashid

Prof. Shamsa Humayun

Dr Samrina Hashmi

Dr Sadia Ahsan Pal

De Shershah Syed

Dr. Ayesha Kamal Nasir

Editorial Board

Chief Editor

Dr. Sadia A. Pal

Editorial Board Members

Dr. Nadeem Zubairi

Dr. Salva Nadeem

Dr. Pakeeza Methlo

Dr. Asma Kanwal

Dr. Nusrat Shah

Dr. Sadia Akhter (Lahore)

Dr. Tanveer Shafquat

(Peshawar)

SECRETARY'S OFFICE

Department of Obs. & Gynae

JPMC, Karachi.

Direct 0092-21-9205040

Website: www.sogp.org

Email: sogjpjmc@hotmail.com

SECRETARY GENERAL'S REPORT

Tragedies abound, but life goes on

Dear Members,

PENNING down SOGP's activities at a time when the nation is consumed by grief over the floods across the country and AirBlue's ED202 plane crash isn't easy. Our thoughts and prayers go out to the victims and their families. It ought to be underscored that in light of the recent floods it becomes incumbent upon all members of civil society – especially doctors – to help those in need. And with the help of its members, the SOGP will do its best to ensure that mothers get access to pre- and post-natal care in affected areas.

Despite the fact that SOGP's oath-taking ceremony was held under the threat of Cyclone Phet, everything proceeded smoothly as the new team chalked out its course of action for the next three years with vigor and enthusiasm. The new entrants unanimously acknowledged the previous leadership's contribution. The undeniable was agreed upon: without the initiatives taken by the old captains, it would have been hard for this ship to remain afloat. And the new board intends to follow the footsteps of its predecessors resolutely to make SOGP climb to new heights.

Shortly after the oath-taking ceremony, SOGP's board started working its fingers to the bone. In response to the devastation Cyclone Phet caused in Thatta and Badin, the SOGP called upon its members to take action and save lives of pregnant women who are without access to obstetric care. The board is thankful to the untiring efforts of SOGP members in the interior of Sindh, especially our colleagues from Shaheed Benazirabad, Larkana and Hyderabad for volunteering to help at relief camps.

Mindful of its obligations to dedicated gynecologists, the SOGP organized a memorial lecture on 'Unexplained infertility' at the PMA house in Karachi for our late colleague, Dr Naseem Rehman. Renowned gynecologist, Dr Shaheen Zafar from Karachi's Attiya Hospital and Sindh Institute of Reproductive Health (SIRM) delivered the lecture, and Dr Nusrat Shah, an assistant professor at Karachi's Dow University, read the citation.

In line with its traditional academic role, the SOGP held a regional scientific meeting in Nawabshah in July. At this well-attended meeting several doctors shed light on their areas of expertise. Dr Serajuddaulla talked about sperm-ovum interaction, Dr Samreena presented information on sexual dysfunction, Dr Halima discussed infertility, Dr Sadia Pal expounded upon Poly Cystic Ovaries, and Dr Shershah and I led a discussion on unsafe miscarriages. Prof. Pushpa, Dr. Razia Korejo, Dr. Shahida Sheikh and Prof. Khairunnisa has also delivered their talks.

The Society then held a landmark meeting at CPSP, chaired by the president of SOGP. The agenda included review of IMPAC guidelines by WHO subcommittees and rotation of trainees in peripheral hospitals. This was attended by executive members and eminent examiners of CPSP, OBGYN.

Later, a national congress on SOGP's Every Woman Counts project took place in Peshawar. SOGP President Dr Lubna Hassan delivered the hallmark inaugural address and many eminent gynecologists spoke about the project.

In conclusion, the SOGP has been busy, but it needs to get busier. I urge all members to communicate with us and get counted as active members. Our email address is sogjpjmc@hotmail.com. I look forward to receiving your valuable feedback.

Signing off,

Dr Nighat Shah

NEWS & VIEWS

New team, new hopes

(Continued on Page 3)
(Continued from Page 1)

confusion in clinical management issues felt by our trainees who study western texts and desperately try to adapt individually to our unique environment i.e. "our setup".

It is mandated in the constitution of the SOGP that the Society will have a Journal. We have discussed this in the first executive meeting and in this same issue of News and Views you are invited to volunteer your expertise to make this possible.

Finally an area that is close to all of our collective hearts is the plight of women in disaster/conflict situations. Pakistan has been badly hit by both natural and man-made disasters in recent

years. From the earthquake in AJK & KP to the ongoing tragedy in our tribal areas where locals are stuck between the onslaughts of American drones, Pakistan Army tanks and the self-exploding Taliban. Women are the worst victims. Individually many of us have reached out and done our bit. But the impact would be better and more effective if we respond from the platform of the Society. To that end we decided in our very first meeting that the vice-presidents in each province should form a rapid response cell, so that in any crises anywhere in the country where we are needed for the protection of women's health we can take a leading role in the undertaking of the initial response.

This then is my wish List. I am aware that I cannot do any of this on my

own. I know, however, that we can do it if we pool our resources. After all, we are a group of over-achievers, we are influential and we know influential people. And if we put our minds to it, we can achieve our goals. All this will not be finished in the first few months. Nor will it be finished in the first year, perhaps not even in the life of this governing body. But let us begin.

For me this is a personal crusade. For me it is a debt I owe to the countless women who I have had the privilege to share my life with. For me it is payback time.

Goodbye for now. Remember me in your prayers. And God bless you all.

Lubna Hassan
President SOGP

Email: presidentsogp@gmail.com



Seniors members of SOGP at oath taking ceremony



Some new office bearers on oath taking ceremony

NEWS & VIEWS

Can you help?

THE SOGP has lost contact with the fellows and members listed below. They or anyone on their behalf may kindly get in touch with Mrs. Rukhsana Zaki at the SOGP Secretariat, Department of Obstetrics and Gynecology, Ward-8, Jinnah Postgraduate Medical Center, Karachi, Pakistan. Email: sogjpjmc@hotmail.com Phone: 99205040 — SOGP Secretary

M. No	Member Name	City	M. No	Member Name	City
1	Dr. Hina Baloch	Karachi	332	Dr. Naeema Sultana	Karachi
29	Dr. Qudsia Farooq	Karachi	335	Dr. Nelofar Saleem	Karachi
68	Dr. Amtul Fatima Ahmed	Karachi	340	Dr. Tabassum Anwar	Karachi
75	Dr. Asmat Shaikh	Karachi	341	Dr. Farzana Iqbal	Karachi
91	Dr. Azra Saeed Awan	Peshawar	342	Dr. Ghulam Fatima Quershi	Karachi
99	Dr. Zahida Ahmed	Karachi	343	Dr. Humaira Nooruddin Poonawala	Karachi
102	Dr. Yasmeen Hafiz	Karachi	344	Dr. Mohtram Y. Bhora	Karachi
104	Dr. Yasmeen Mukhtar Abasi	Karachi	345	Dr. Parveen Iqbal	Karachi
106	Dr. Yasmeen Gulzar	Karachi	346	Dr. Rashida Bano Memon	Karachi
109	Dr. Waseem Begum	Karachi	347	Dr. Rukhsana Aslam	Karachi
110	Dr. Tabassum Shoaib	Karachi	348	Dr. Tahira Sagarwala	Karachi
112	Dr. Tehmina Burki	Karachi	349	Dr. Attaullah Khan	Multan
122	Dr. Tehmina Riaz	Karachi	350	Dr. Munawar Zaheen	Multan
124	Dr. Tehmina Aman	Karachi	356	Dr. Ejaz Ahmad	Multan
129	Dr. Safia Javed	Karachi	364	Prof. Zahoor Ahmed	Multan
133	Dr. Salman Kadwai	Karachi	365	Dr. Amina Altaf	Tobatak Singh
142	Dr. Shamsa Ramzan Ali	Karachi	366	Dr. Adeeba Samar	Sargodha
146	Dr. Shah Jehan	Karachi	367	Dr. Khalida Balouch	Sargodha
147	Dr. Sher Bano Ayub	Karachi	371	Dr. Ghulam Fatima Durani	D.I. Khan
160	Dr. Safia Ahmed	Karachi	372	Dr. Munir Akhtar	D.I. Khan
163	Dr. Sarwat Jehan	Karachi	374	Dr. Mehmood Aleem	Faisalabad
165	Dr. Shaheryar	Karachi	377	Dr. Shireen Quershi	Dadu
171	Dr. Saeeda Siddiqui	Karachi	379	Dr. Ghulam Sarwar Haiz	Bahawalpur
173	Dr. Sarwat K. Rasheed	Karachi	389	Prof. Bilquis Malik	Larkana
179	Dr. Shahnaz Wasti	Karachi	393	Dr. Khursheed Khattak	Abbotabad
180	Dr. Samreen Gohar	Karachi	396	Dr. Shaheen Faisal	Abbotabad
181	Dr. Shahnaz Sultana	Karachi	397	Dr. Saima Safdar	Bahawalnagar
182	Dr. Surriya Hamid	Karachi	418	Dr. Aliya Laghari	Hyderabad
184	Dr. Shamim Malik	Karachi	419	Dr. Saeeda Memon	Hyderabad
185	Dr. Surriya Ahmed	Karachi	420	Dr. Asma Junejo	Hyderabad
186	Dr. Shahida Javaid	Karachi	429	Dr. Shahnaz Quershi	Hyderabad
189	Dr. Saeeda Rafiq	Karachi	430	Dr. Fouzia Sheikh	Hyderabad
191	Dr. Rukhsana Mughal	Karachi	466	Dr. Najma Ghaffar	Quetta
193	Dr. Rubina Mustufa	Karachi	467	Dr. Uzma Sohail	Quetta
196	Dr. Razia Akabani	Karachi	468	Dr. Rubina Yousuf	Quetta
198	Dr. Razia Hasan	Karachi	470	Dr. Wajiha Ajmal	Peshawar
205	Dr. Rehana Ahmed	Karachi	471	Dr. Jamila M. Naib	Peshawar
206	Dr. Razia Mushtaq	Karachi	474	Dr. Almas Afradi	Peshawar
207	Dr. Razia Mustufa	Karachi	479	Dr. M. Hashim Wanaaj	Peshawar
208	Dr. Razia Rasheed	Karachi	488	Dr. Faheema Ihtasham	Peshawar
211	Dr. Razia Ahmed	Karachi	490	Dr. Sultana Azmat Birlas	Peshawar
212	Dr. Razia Sabir	Karachi	503	Dr. Nazia Tauseef	Islamabad
221	Dr. Qudsia Umer	Karachi	518	Dr. Ayesha Rafay	Islamabad
223	Dr. Qudsia Altaf Khanum	Karachi	519	Dr. Saadia	Islamabad
226	Dr. Perveen Azam	Karachi	524	Dr. Mehmooda Masood	Rawalpindi
231	Dr. Nusheen Siddiqui	Karachi	531	Dr. Eng Wajina Hasan	Rawalpindi
237	Dr. Nuzhat Yasmeen Babar	Karachi	532	Dr. Razia Nasar	Rawalpindi
240	Dr. Nasreen Sultana	Karachi	567	Prof. Mohd Aslam	Lahore
268	Dr. Mary Aftab	Karachi	571	Dr. A.S. Yousuf	Lahore
274	Dr. Mehrunissa Noorani	Karachi	579	Dr. Hajira Hanif	Lahore
283	Dr. Khatija Ajmal	Karachi	580	Dr. Iqbal Rashid Mian	Lahore
284	Dr. Kamar Nurie	Karachi	581	Dr. Mariam Malik	Lahore
299	Dr. Hina Ishaq	Karachi	814	Dr. Aslam Mahmood Malik	Bahawalpur
305	Dr. Humaira Samie	Karachi		Prof. Ghulam Riaz	Bahawalpur
317	Dr. Fouzia Sanaullah	Karachi			

NEWS & VIEWS



WORKSHOP ON PAC: A two-day workshop on Post Abortion Care (PAC) was conducted under the Every Woman Counts project recently at the Lady Willington Hospital in Khairpur. Fourteen woman medical officers from basic health units (BHUs) were imparted modern and safer skills on quality abortion care services, including family planning.



NEWS & VIEWS



Help Fistula Patients for Free Treatment

at our Following Regional Centers in Pakistan



1. Karachi:

Kohi Goth Women's Hospital
Kohi Goth, Landhi, Karachi
Ph: 021-8230856

2. Islamabad:

Prof. Ghazala Mahmood /
Dr. Kausar Tasneem Bungash
Maternal & Child Care Centre
Pakistan Institute of Medical Sciences Islamabad.
Ph: 051-9260450, Mobile: 0300-5510525

3. Lahore:

Prof. Yasmin Rashid
Dr. Tayyaba Majeed
Gynae Ward
Lady Willington Hospital, Lahore.
Mobile: 0300-9487305 (Mr. Usman)

4. Multan:

Dr. Muhammad Ali
Gynae Ward (Nishtar Medical College Hospital),
Prof. Muhammad Rafique Anjum (Urology Ward,
Nishtar Medical College Hospital), Multan.
Mobile: 0321-6358085 (Mr. Luqman)

5. Peshawar:

Prof. Nasreen Ruby
Dr. Tanveer Shafqat
Gynae Ward
Lady Reading Hospital, Peshawar.
Ph: 091-5810779, Mobile: 0300-5996425

6. Quetta:

Dr. Sadarak Jalal
Christian Hospital, Misson Road, Quetta.
Ph: 081-2842697

7. LARKANA:

Prof. Rafia Baloch / Dr. Shaista Abro
Gynae Ward,
Chandka Medical College Hospital, Larkana
Ph: 0300-3415322

FISTULA REFERRAL CENTRES

KARACHI

Prof. Dr. Nargis Soomro
Civil Hospital, Karachi.
Dr. Azra Jameel
Sindh Govt. Qatar Hospital, Orangi Town, Karachi.

HYDERABAD:

Prof. Dr. Pushpa Srichand
Liaquat University of Medical Health Sciences,
Jamshoro, Hyderabad. Mobile: 0300-8371096

NAWABSHAH

Dr. Razia Bahadur
Civil Hospital, Nawabshah.

Quetta:

Prof. Shehnaz Baloch / Dr. Najma Ghaffar
Gynae Ward,
Bolan Medical College Hospital, Quetta.
Mobile: 0333-7929269

Prof. Sadat Khan/ Dr. haq Nawaz/ Dr. Masha Khan
Fort Sandeman Civil Hospital, Quetta.
Mobile: 0300-9386561

For Free: Information Regarding Fistula, Toll Free No. 0800-76200



WORKSHOP ON IUCD: To mark the World Population Day, the Society of Obstetrics and Gynecologists Pakistan (SOGP) under its Every Woman Counts project conducted a workshop on IUCD at the Lady Willington Hospital in Khairpur. Forty community midwives were imparted skills on IUCD use and insertion. Dr. Kaneez Fatima, a consultant gynecologist from Karachi, discussed the essential role of community midwives in the provision of family planning services, in explaining the intra-uterine contraceptive device (IUCD) in detail and in dispelling the associated myths. Demonstration on IUCD insertion was carried out and hands-on practice was conducted individually on pelvic models.



NEWS & VIEWS



In line with its traditional academic role the SOGP held another regional scientific meeting in Benazirabad with a theme "Sexual and Reproductive Health and Rights" on 13th July 2010 at People's Medical College, Benazirabad. More than 150 healthcare providers attended including Consultant Gynaecologists, senior and junior doctors, postgraduate and medical students. Senior presenter including Prof. Khairunnisa, Prof. Serajuddaula, Prof. Pushpa Srichand, Dr. Razia Korejo, Dr. Samrina Hashmi, Dr. Sadia A. Pal, Dr. Shahida Sheikh, Dr. Chandra Madho Das, Dr. Haleema Yasmin, Dr. Nighat Shah and Dr. Shershah Syed were covered different topics regarding the theme.

